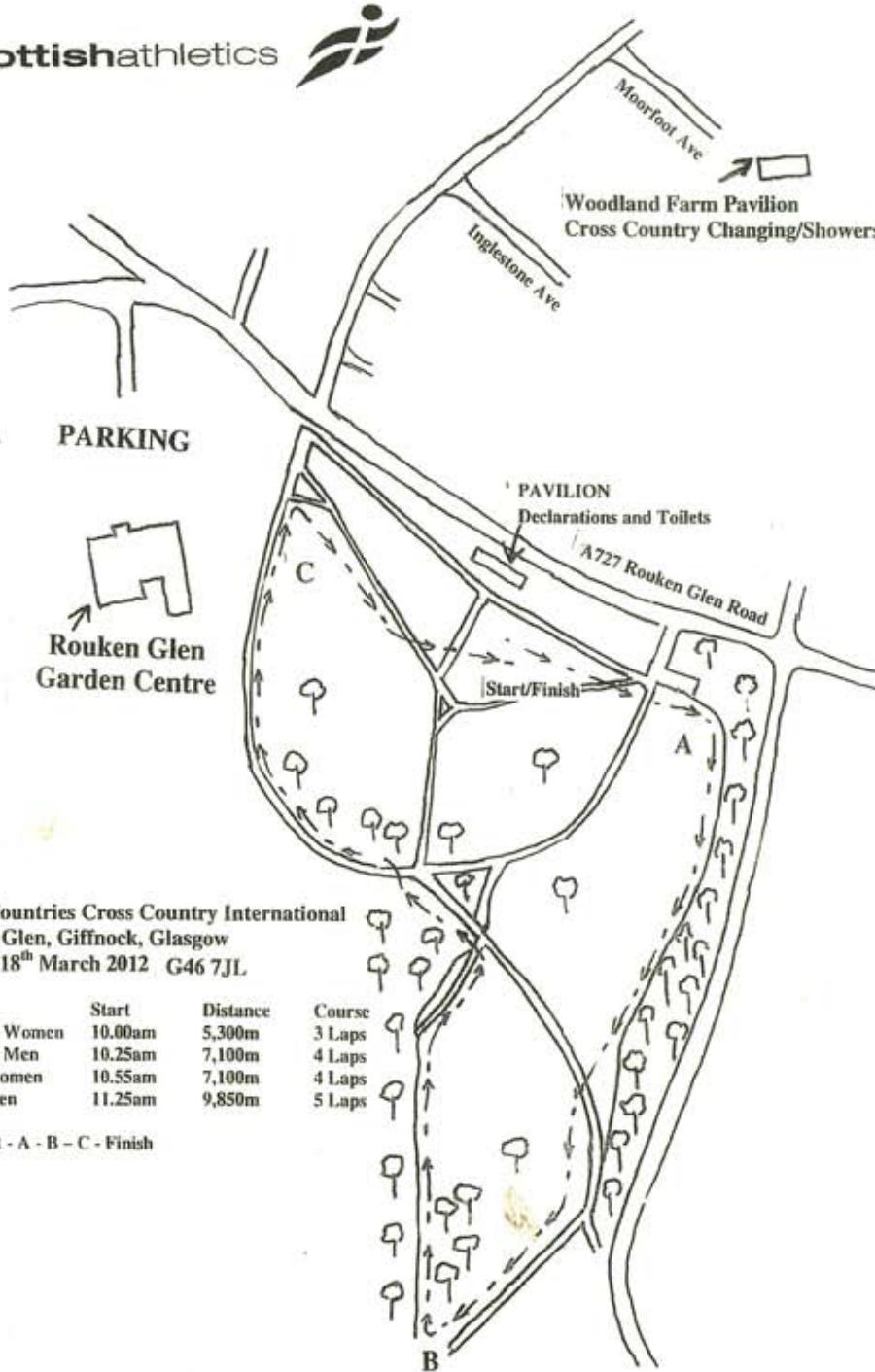


scottishathletics



**Home Countries Cross Country International**

Rouken Glen, Giffnock, Glasgow

Sunday 18<sup>th</sup> March 2012 G46 7JL

Race	Start	Distance	Course
Under 20 Women	10.00am	5,300m	3 Laps
Under 20 Men	10.25am	7,100m	4 Laps
Senior Women	10.55am	7,100m	4 Laps
Senior Men	11.25am	9,850m	5 Laps

Lap Start - A - B - C - Finish

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**HOME COUNTRIES  
CROSS COUNTRY  
INTERNATIONAL**

AND

**NATIONAL  
YOUNG ATHLETES  
ROAD RACE  
CHAMPIONSHIPS**

**Rouken Glen Park, Giffnock,  
East Renfrewshire**

**SUNDAY 18<sup>th</sup> MARCH 2012**

**First Cross Country Race 10.00 am  
First Road Race 12.15 pm**

## MESSAGES OF WELCOME

### SCOTTISH ATHLETICS OFFICE -BEARERS

Hon President	W.M.Campbell C.B.E. Q.C. M.P.
President	Leslie Roy
Chief Executive	Nigel Holl

### ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener	Ron Morrison
Hon. Secretary	Alex Jackson
Assistant Secretary	Margaret Daly
Finance Officer	Graham Sword

### OFFICIALS

Referee	Ron Morrison
Clerk of Course	Billy Glasgow
Assistant Clerk of Course	Ronnie Stevenson
Officials Control	Graham Sword
Finish /Funnel Control	Bob Reid (Chief), Jim Young, Alan Robinson Marjory Cook.
Timekeepers	Sheila MacDougall (Chief) Anna Poulton
Recorders (Places)	Bill MacDougall(Chief), Jean Youden
Recorders (Times)	Molly Wilmot
Starter	Angus Cameron
Declarations	Dave Campbell, Graham Sword
Results	Alan Stewart, Anne Stewart
Announcers	Geoff Wightman (Cross Country) Alan Potts (Road Races)
Course Stewards	Graham Dunn ,Neil Deerey, Carole Ford, Croy Thomson , Laura Crawford, Charlie McKie,  Laura Livesey, Carey Holmes, David Hughes, Willie Drysdale, Dawn Armitt
Course Stewards PM	Alison Simpson, Lisa Saxby, Elliot Heath, Roslyn Heath, Niamh Grahame, Sara Lang And other members of Giffnock North AAC.
Presentations	Provost of East Renfrewshire, Sandra Hardacre
Jury of Appeal	Graham Heely, Alex Jackson, Nigel Holl
Medical Services	St Andrews First Aid Renfrew Company
Events Manager	Ross Cunningham
Convener	Alex Jackson

On behalf of scottishathletics I would like to welcome you all to Rouken Glen Park for the Home Countries Cross Country International and National Young Athletes Road Race Championships, the first time I can remember a road race and cross country event being held at the same venue on the same day.

The first Home Countries Cross Country International was held in Hamilton, a few miles away in 1903 until it stopped in 1990. This is the 5th time the event has been held since it made a comeback in 2008 so it is fantastic to have it here at Rouken Glen Park and I welcome the athletes from Wales, England, Northern Ireland, Scotland, Combined Services, North of England, Midlands along with Welsh and Scottish Schools in the Junior race.

Meanwhile the National Young Athletes Road Race Championship has record entries and will be a selection event for the London Mini Marathon on 22<sup>nd</sup> April.

My thanks go to the officials and volunteers who give up so much of their time to make events like this happen. A special mention to Billy Glasgow and his team from Giffnock North AAC who have set up the course and will act as stewards throughout the day. To the athletes taking part, enjoy and use this as a springboard to your dreams.

**Leslie Roy,**  
President, scottishathletics

The first International Cross Country race was held at Hamilton Racecourse, Scotland on 28<sup>th</sup> March 1903. The race was won by the great Alfred Shrubbs of England in 46.22 from his teammate T. Edwards in 46.56 with J.J. Daly of Ireland in third place in 47.20. England won the team race with 25 points followed by Ireland, 78 points, Scotland, 107 points and Wales, 140 points.

Today, almost 109 years later, we continue to celebrate the origins on International Cross Country with teams from England, Scotland, Wales, Northern Ireland, Midlands, Combined Services as well as the Scottish and Welsh Schools.

Also on the menu of today's celebration are the Scottish Young Athlete Road Race Championships. These started in 1996 and the records of the event are kept on the RR&CC Commission's Archive at  
<http://www.salaroadrunningandcrosscountrymedalists.co.uk/index.html>

Many people have to be thanked for the organisation of today's events. The format of the day is a particular challenge to Billy Glasgow and his team at Giffnock North AAC who will set and marshal the course.

Today we are here to enjoy the spirit of cross-country and road running be it in taking part, officiating, supporting or spectating. I hope you all have a great day's running.

**Ron Morrison**  
Convener, Road Running and Cross Country Commission

UNDER 20 WOMEN 5,300 metres 10.00am			UNDER 20 MEN 7,100 metres 10.25am		
BIB	NAME	TEAM	BIB	NAME	TEAM
1	Laura Muir	Scotland	41	Luke Traynor	Scotland
2	Rhona Auckland	Scotland	42	Lachlan Oates	Scotland
3	Kathryn Pennell	Scotland	43	Andrew Crichton	Scotland
4	Sarah Potter	Scotland	44	James Waldie	Scotland
5	Rebecca Middleton	Northern England	45	Tom Jarvis	Northern England
6	Calli Thackery	Northern England	46	Jack Morris	Northern England
7	Abigail Howarth	Northern England	47	Jai Vernon-McGuigan	Northern England
8	Laura Riches	Northern England	48	Dale Worton	Northern England
9	Jess Chen	England	49	Thomas Firth	England
10	Gemma Kersey	England	50	Charlie MacLean	England
11	Grace Nichols	England	51	Jason Prickett	England
12	Nicole Roberts	England	52	Daniel Woodgate	England
13	Ffion Price	Wales	53	Charlie Hulson	Wales
14	Rhainwedd Price	Wales	54	Christopher Carpanini	Wales
15	Sarah Livett	Wales	55	Josh Griffiths	Wales
16	Katie Reynolds	Wales	56	Emyr Penny	Wales
17	Megan Withers	Welsh Schools	57	Mathew Edwards	Welsh Schools
18	Ellie Davies	Welsh Schools	58	Mike Ward	Welsh Schools
19	Megan Turner	Welsh Schools	59	Mathew O'Leary	Welsh Schools
20	Lauren Bell	Welsh Schools	60	Nathan Jones	Welsh Schools
21	Anna Morris	Welsh Schools	61	Gwynneth Jones	Welsh Schools
22	Jemima Osborn	Welsh Schools	62	James Roberts	Welsh Schools
23	Alex Stanhope	Midlands	63	Blayne Pick	Midlands
24	Lucy Crookes	Midlands	64	Ryan Hotroyd	Midlands
25	Danni Johnston	Midlands	65	Ben Morris	Midlands
26	Louise Stewart	Scottish Schools	66	Dan Studley	Midlands
27	Rachael Dunh	Scottish Schools	67	Jake Wightman	Scottish Schools
28	Mhairi McLennan	Scottish Schools	68	Christopher Watson	Scottish Schools
29	Debbie Hannah	Scottish Schools	69	Chris Ponton	Scottish Schools
30	Lorna Fitzpatrick	Northern Ireland	70	Greg Williams	Scottish Schools
31	Eva Laverty	Northern Ireland	71	William Jackson	Combined Services
32	Sara Moore	Northern Ireland	72	Ryan Holt	Northern Ireland
33	Amy Johnston	Midlands	73	Max Walmsley Pledi	Northern Ireland

SENIOR WOMEN 7,100 metres 10.55am			SENIOR MEN 9,800 metres 11.25am		
BIB	NAME	TEAM	BIB	NAME	TEAM
81	Rosie Smith	Scotland	121	Derek Hawkins	Scotland
82	Christina Rankin	Scotland	122	Andrew Douglas	Scotland
83	Morgan Windram-Geddes	Scotland	123	Ross Houston	Scotland
84	Keira Murray	Scotland	124	Alex Hendry	Scotland
85	Kate Walschaw	Northern England	125	Gareth Raven	Northern England
86	Nicola Squires	Northern England	126	Andy Wiles	Northern England
87	Helen Berry	Northern England	127	Dave Norman	Northern England
88	Jacqueline Fairchild	Northern England	128	Daniel Cliffe	Northern England
89	Lauren Deadman	England	129	Paul Whittaker	England
90	Stacey Johnson	England	130	Peter Huck	England
91	Rebekah Randall	England	131	Dean Lacy	England
92	Hannah Walker	England	132	Andy Nixon	England
93	Elysia Ridley	Wales	133	Dewi Griffiths	Wales
94	Gweno Brown	Wales	134	Jorge Thomas	Wales
95	Sian Edwards	Wales	135	Ian Mitchell	Wales
96	Katie Parry	Wales	136	Matt Janes	Wales
97	Magdalena Miller	Combined Services	137	James Trollop	Midlands
98	Tamsyn Rutter	Combined Services	138	Ross Jones	Midlands
99	Danielle Hodgkinson	Combined Services	139	Chris Rimmer	Midlands
100	Lucy Kershaw	Combined Services	140	Chris McGurk	Midlands
101	Sharon Bird	Northern Ireland	141	Ben Livesey	Combined Services
102	Patricia O'Hagan	Northern Ireland	142	Matt Blunden	Combined Services
103	Frances Briscoe	Midlands	143	Mark Hopkinson	Combined Services
104	Eleanor Fowler	Midlands	144	Kieran White	Combined Services
			145	Sam Mitchell	Combined Services
			146	Shane Kerr	Northern Ireland
			147	Jarlath Failes	Northern Ireland

UNDER 13 GIRLS		2,500 metres Start time 12.15pm
1	JACKSON, Lauren	Locheehead AC
2	WILKE, Lauren	Locheehead AC
3	RAE, Isobelle	Ayr Spartans AC
4	EMMET, Lora	Ayr Spartans AC
5	MASON, Clarke	Unlisted/Unlabeled
6	CALLEAR, Aisling	Unlisted/Unlabeled
7	FURNESS, Ruth	Unlisted/Unlabeled
8	BARKETT, Isobelle	Unlisted/Unlabeled
9	MARSHALL, Emma	Unlisted/Unlabeled
10	MACDONALD, Georgia	Motherwell AAC
11	JONES, Emma	Motherwell AAC
12	HALL, Sophie	Warrington AAC
13	SHEDDON, Alana	Gala Harriers
14	BROWNE, Katie	Severnside Harriers
15	CHAPMAN, Emma	Severnside Harriers
16	BRECHART, Isobelle	Severnside Harriers
17	SIMTH, Leah	Warrington AAC
18	LITTLE, Holly	Warrington AAC
19	ROBB, Kyle	East & District AAC
20	WATKINS, Amy	East & District AAC
21	DRAKE, Isobella	East & District AAC
22	CHALMERS, Kirstin	East & District AAC
23	KAMIS, Lucy	East & District AAC
24	MILNER, Elizabeth	Kilmarnock Olympians
25	DAVIS, Anna	Kilmarnock Olympians
26	MCGUIGAN, Feri	Kilmarnock Olympians
27	KEAY, Laura	Kilmarnock Olympians
28	ATTEN, Kelly	Witt AAC
29	SPICKLEBANK, Amy	Witt AAC
30	ANDERSON, Megan	Catterline Harriers
31	ANDERSON, Helen	Catterline Harriers
32	BRODIE, Louise	Catterline Harriers
33	MACKLEDOU, Isannah	Catterline Harriers
34	HILDEBRAND, Elle	Lanarkshire YBC Harriers
35	SHEDDON, Amy	Albionians
36	CUNNINGTON, Mandy	Albionians
37	SHERRILL, Molly	Albionians
38	HOLLEY, Maisie	Albionians
39	FARRELL, Heather	Albionians
40	JORDSTORM, Emma	Albionians
41	TYLER, Anna-Jane	Albionians
42	FORBIE, Isobel	Albionians
43	FULTON, Emma	Albionians
44	STAPLE, Laura	Albionians
45	ALLAR, Caoimhe	Albionians
46	COURT, Jessica	Albionians
47	MILLER, Isla	Albionians
48	DOODSBURY, Jenny	Albionians
49	MALCOLM, Kerry	Albionians
50	CARAS, Isabelle-Lou	Albionians
51	FOGERS, Alice	Albionians
52	PAISSELL, Isabelle	East Kilbride AAC
53	MCCUSKER, Hatchie	East Kilbride AAC
54	MCCUSKER, Sarah	East Kilbride AAC
55	DRUMCE, Karen	Holyrood
56	LAUGHERSON, Katherine	Holyrood
57	WEILZAK, Isobel	Holyrood
58	CHOMAIAK, Mhairi	Holyrood
59	PROUDHORN, Maliesha	Holyrood
60	PATERSON, Marig	Holyrood
61	ABDULLY, A	Clydebank Harriers
62	ALLEN, I	Clydebank Harriers
63	ZAMBIROTTI, Isabella	Clydebank Harriers
64	ROBERTS, C	Clydebank Harriers
65	WILKINSON, Madie	Dundee Harriers/Inverness
66	MCCABE, Siobhan	Dundee Harriers/Inverness
67	MACDEIN, Cearanne	Dundee Harriers/Inverness
68	WADDELL, Holly	Dundee Harriers/Inverness
69	COLLISON, Amy	Dundee AAC
70	CAKIL, Leah	Dundee AAC
71	NEILSTY, Sophie	Frinfield AAC
72	MCNAUL, Emily	Frinfield AAC
73	LAUREN, Isobella	Edinburgh AAC
74	STELL, France	Edinburgh AAC
75	STEWART, Emma	Edinburgh AAC
76	CAMERON, Courtney	Edinburgh AAC
77	LAUGHLAND, Julie	Edinburgh AAC
78	BOODR, Catherine	Edinburgh AAC
79	GATTIS, Zoe	Edinburgh AAC
80	FERGUSON, Marven	Edinburgh AAC
81	WRIGHT, Charlotte	Edinburgh AAC
82	PALEY, Ellie	East & District AAC
83	CARLEY, Lauren	East & District Cambuslang Harriers
84	SHAW, Isannah	East & District Cambuslang Harriers
85	MULCHLAWAN, Olivia	East & District Cambuslang Harriers
86	MITCHELL, Helen	East & District Cambuslang Harriers
87	COMBAL, Georgia	East & District Cambuslang Harriers
88	QUIGG, Calum	East & District Cambuslang Harriers
89	MASON, Taylor	East & District Cambuslang Harriers
90	OSHERTY, Aisling	East & District Cambuslang Harriers
91	HORNSTONE, Abigail	Glenrothes Harriers
92	ROBERTS, Catriona	Glenrothes Harriers
93	PAIS, Lauren	Glenrothes Harriers
94	DOORAN, Michelle	Glenrothes/Glenpark Harriers
95	FORREST, Mia	Glenrothes/Glenpark Harriers
96	KELPATRICK, Katie	Glenrothes/Glenpark Harriers
97	MCAFARLANE, Rachel	Glenrothes/Glenpark Harriers
98	MORRISON, Emily	Glenrothes/Glenpark Harriers
99	MULAGHTON, Leanne	Glenrothes/Glenpark Harriers

100	ROGERS, Megan	Glasgow Ulometers Harriers
101	GALLAGHER, Kate	Central AC
102	GALLAGHER, Eilidh	Central AC
103	LAND, Caitriona	Central AC
104	MUSSELL, Eilidh	Central AC
105	STOTT, Jessie	Central AC
106	CURRIN, Andie	Central AC
107	STYL, Holly	Giffnock North AAC
108	MCNAUL, Rebecca	Giffnock North AAC
109	COOPER, Rebecca	Giffnock North AAC
110	KELLY, Danielle	Giffnock North AAC
111	ELLISSON, Karen	Giffnock North AAC
112	WALLACE, Erin	Giffnock North AAC
113	ROGERS, Lori	Giffnock North AAC
114	COWHET, Fionn	Giffnock North AAC
115	ROPER, Phoebe	Giffnock North AAC
116	SHAOH, Emily	Glasgow School of Sport
117	FRASER, Leanne	Glasgow School of Sport
118	CORNWELL, Kathryn	Glasgow AC
119	EGERTON, Callie	Glasgow AC
120	ELLIOTT, Katelyn	Glasgow AC
121	MAUDHOULD, Katelyn	Glasgow AC
122	HOLLEY, Tessie	Glasgow AC
123	MCNAUL, Sophie	Glasgow AC
124	WATERS, Sophie C.	Glasgow AC
125	WILLIAMS, Emma	Glasgow AC
126	FRANCIS, Karina	Glasgow AC
127	BOYAT, Eve	Glasgow AC
128	THOM, Cara	Glasgow AC
<b>UNDER 13 BOYS</b>		
2,500 metres Start time 12.30pm		
129	SMITH, Madison	Lasswade AC
130	ESTER, Cameron	Lasswade AC
131	ANDOGRASS, Theodore	Lasswade AC
132	BLACK, Cameron	Ayr Seawards AC
133	MOLLEY, Ewan	Ayr Seawards AC
134	ROOS, Lewis	Ayr Seawards AC
135	STYLIS, Fraser	Ayr Seawards AC
136	WOOD, Joshua	Ayr Seawards AC
137	WALLACE, David	Motherwell AC
138	LARID, Adam	Motherwell AC
139	GRAY, Ryan	Inverclyde AC
140	MACKINNON, Matthew	Inverclyde AC
141	MCANTHON, MacAsay	Inverclyde AC
142	HEARN, Seamus	Inverclyde AC
143	ESLER, Cohen	Garscadden Harriers
144	RUSSELL, Huwirth	Garscadden Harriers
145	WESTON, Craig	Garscadden Harriers
146	STEVENSOR, Cody	Garscadden Harriers
147	GALESIUS, Gregor	Loe & District AAC
148	KELLY, Adam	Loe & District AAC
149	POULTON, Ben	Loe & District AAC
150	DAVIES, Jake	Loe & District AAC
151	MCCAFFREY, Ailieen	Kirkleesdale Olympians
152	SCAMBLER, John	Kirkleesdale Olympians
153	LAIRD, Harry	Kirkleesdale Olympians
154	BRUCKLEBAUGH, Ryan	Fife AC
155	REES, George	Fife AC
156	REES, Tristan	Fife AC
157	SAKAGUCHI, Asiron	Fife AC
158	SCOTT, Adam	Fife AC
159	GORDON, Drew	Caldervale Harriers
160	LEES, Grant	Lanark YMCA Harriers
161	LYTLE, Ross	Lanark YMCA Harriers
162	EATOCK, James	Kilsythian
163	TOD, James	Kilsythian
164	CARVIL, Michael	Kilsythian
165	HENDRY, Jason	Kilsythian
166	MCTAGGART, James	Kilsythian
167	MCLAUGHLIN, Matthew	Kilsythian
168	MCNAUL, John	Kilsythian
169	MCNAUL, Harry	Kilsythian
170	THOMAS, Connor	Kilsythian
171	CODRINGTON, Adam	Kilsythian
172	GRIFFITHS, Michael	Kilsythian
173	NEBBITT, Ryan	Kilsythian
174	LYRAS, Martin	East Kilbride AAC
175	MALLON, Ross	East Kilbride AAC
176	SHAW, Adam	East Kilbride AAC
177	FEILD, Callum	East Kilbride AAC
178	CHAMBERS, Gregor	Hawthorlie
179	CAMPBELL, Lewis	Hawthorlie
180	SLAUGHTER, Raymond	Hawthorlie
181	CHRMAN, Bruce	Hawthorlie
182	MAHL, Ewan	Hawthorlie
183	ABD, S	Clydesdale Harriers
184	PART, Lewis	Clydesdale Harriers
185	KANG, S	Clydesdale Harriers
186	PROGERS, K	Clydesdale Harriers
187	ANDERSON, Jack	Dundee Harriers
188	LETHAM, Calum	Dundee Harriers
189	MCNEIL, Andrew	Dundee Harriers
190	BOYLE, Euan	Dundee Harriers
191	WILLARD, Paul	Edinburgh AC
192	SWINERTON, Michael	Edinburgh AC
193	ALLAN, Ross	Edinburgh AC
194	MORRIS, Connor	Fife AC
195	THOMAS, Dylan	Fife AC
196	MCNAUL, Robbie	Fife AC
197	WHITE, Tyler	Fife AC
198	WATSON, Ryan	Glasgow & District AC

199	ADDITION, Anthony	Glasgow AC
200	RYAN, Tyrone	Glasgow Cambuslang Harriers
201	PATER, Ethan	Glasgow Cambuslang Harriers
202	SMITH, Gavin	Glasgow Cambuslang Harriers
203	MCGUINN, Fraser	Glasgow Cambuslang Harriers
204	MILLER, Euan	Glasgow Cambuslang Harriers
205	CARL, Euan	Glasgow Cambuslang Harriers
206	LRONZAT, Fraser	Glasgow Cambuslang Harriers
207	SWINERTON, Sall	Glasgow Cambuslang Harriers
208	WATKINS, Ewan	Glasgow Glesneath Harriers
209	RUDY, Joshua	Glasgow Glesneath Harriers
210	DUFFY, Michael	Glasgow Glesneath Harriers
211	MACKINNON, Jessie	Glasgow Glesneath AC
212	JOHNSON, Aiden	Glasgow Glesneath AC
213	RAE, Euan	Glasgow Glesneath AC
214	MORRISON, Aine	Glasgow Glesneath AC
215	SHERIDAN, Linda	Glasgow Glesneath AC
216	GRADY, Adam	Glasgow Glesneath AC
217	FRASER, Sinean	Glasgow Glesneath AC
218	EVANS-HAGGETH, Dom	Glasgow Glesneath AC
219	CAROLAN, Kair	Giffnock North AAC
220	BAILEY, Michaela	Giffnock North AAC
221	HANNO, Harry	Giffnock North AAC
222	LOWIE, Michael	Giffnock North AAC
223	RECKNELL, Avish	Giffnock North AAC
224	SACKELL, Ben	Giffnock North AAC
225	KELLY, Ben	Giffnock North AAC
226	KELPSTICK, Andrew	Giffnock North AAC
227	SEATON, Christopher	Giffnock North AAC
228	DRYBIE, Joseph	Giffnock North AAC
229	DOYLE, Anthony	General AC
230	CRAWFORD, Matthew	General AC
231	FRASER, Jamie	General AC
232	DOYLE, Miles	General AC
233	PARKERSON, Ben	General AC
234	MCGINNOL, Campbell	General AC
<b>UNDER 15 GIRLS</b>		
3,000 metres Start time 12.45pm		
235	ANDERSON, Sall	Kilsythian
236	KELLY, Emma	Kilsythian
237	WEIR, Jamies	Kilsythian
238	GALLIE, Chloe	Kilsythian
239	THOMAS, Kellie	Kilsythian
240	DISPENSER, Sarah	Kilsythian
241	GUILLAM, Owen	Kilsythian
242	MILLAN, Catherine	Kilsythian
243	MACKINNON, Eve	Kilsythian Cambuslang Harriers
244	ROSSITER, Hannah	Kilsythian Cambuslang Harriers
245	WEBSTER, Daniels	Kilsythian Cambuslang Harriers
246	BLACK, Rachel	Lasswade AC
247	WILLER, Sophie	Lasswade AC
248	MCINTYRE, Charlotte	Ayr Seawards AC
249	KELLY, Lukas	Ayr Seawards AC
250	DAVIE, Kristin	Ayr Seawards AC
251	THOMAS, Lisa	Ayr Seawards AC
252	KELSON, Bethany	Lutonian Running Club
253	DISSEIT, Kelly	Fife & Fife Victoria Harriers
254	GLASNO, Lila	Fife & Fife Victoria Harriers
255	HARRIS, Amy	Giffnock Harriers
256	GALLAGHER, Ciara	Giffnock Harriers
257	RECKNELL, Myrle	Giffnock Harriers
258	HARTEA, Emma	Johnstone AC
259	FOSS, Ciara	Johnstone AC
260	WEIR, Kately	Johnstone AC
261	FORGEARD, Stephenne Campbell	Johnstone AC
262	MICHELL, Emma	Inverclyde AC
263	SIMPSON, Chloë	Inverclyde AC
264	SCAMP, Kylie	Inverclyde AC
265	WILLIAMS, Kelly	Inverclyde AC
266	KELLY, Jim	Inverclyde AC
267	DRAYES, Charlotte	Garscadden Harriers
268	DISSEY, Rachel	Garscadden Harriers
269	DOUTH, Caitlaine	Garscadden Harriers
270	NEWELL, Marjorie	Law & District AAC
271	WATKINS, Chloe	Law & District AAC
272	LEE, Jemmy	Kirkleesdale Olympians
273	ROBERTSON, Victoria	Kirkleesdale Olympians
274	CAMPBELL, Louise	Kirkleesdale Olympians
275	DISSEIT, Ross	Fife AC
276	MURRAY, Louise	East Kilbride AAC
277	OTILIE, Moira	East Kilbride AAC
278	FARLIE, Lucy	East Kilbride AAC
279	LAURIE, Catherine	East Kilbride AAC
280	ROBERTSON, Megan	Edinburgh Harriers
281	MCNEE, Helen	Clydesdale Harriers
282	FAKIR, E	Clydesdale Harriers
283	LITTLE, A	Clydesdale Harriers
284	HANAK, C	Clydesdale Harriers
285	MISSOURI, Louise	Clydesdale Harriers
286	OTILIE, Moira	Dundee Harriers
287	PROGERS, K	Fife AC
288	ANDERSON, Jack	Giffnock Harriers
289	LETHAM, Calum	Giffnock Harriers
290	MCNEIL, Andrew	Giffnock Harriers
291	BOYLE, Euan	Giffnock Harriers
292	WILLARD, Paul	Edinburgh AC
293	SWINERTON, Michael	Edinburgh AC
294	REYNOLDS, Ewan L.	Edinburgh Harriers
295	REYNOLDS, Kasey M.	Edinburgh Harriers
296	PATILLO, Katie	Edinburgh Harriers
297	ROBERTSON, Alexandra	Edinburgh AC
298	CABERNOH, Hannah	Edinburgh AC
299	MCBRIDE, Heidi	Edinburgh AC
300	CHORTHWAITE, Freida	Edinburgh AC
301	INDLAY, Sam	Edinburgh AC
302	WATSON, Rachel	Edinburgh AC
303	BRADSHAW, Adam	Edinburgh AC
304	STATHAEL, Emily	Edinburgh AC
305	BOODIE, Elin	Edinburgh AC

281	PASILAT, Apoll	Armen & District AC
282	ADCOUGH, Hannah	Clydebank AC
283	ALLCROFT, Kathryn	Central AC
284	MACFODDYSOLE, Ethan	Central AC
285	MACFARLANE, Shannon	Central AC
286	MONROE, Helen	Central AC
287	WATSON, Meily	Strathclyde Harriers
279	JOHNSON, Gillian	Kilmarnock AAC
271	DAVIS, Louise	Glasgow Striders
272	HAMILTON, Cara	Glasgow Striders
273	MULCAH, Kasey	Glasgow Striders
274	STAKER, Deborah	Glasgow Striders
275	BLAIC, Gillian	VP-Glasgow AC
276	CHRISTELL, Eesa	VP-Glasgow AC
277	CHRISTELL, Mairi	VP-Glasgow AC
278	COUGHL, Sophie	VP-Glasgow AC
279	FERRE, Eman	VP-Glasgow AC
280	MORRISON, Amy	VP-Glasgow AC
281	GOYLE, Millie	VP-Glasgow AC
282	SAKET, Rebecca	Giffnock North AAC
283	DAVISON, Lucy	Giffnock North AAC
284	POPE, Alexandra	Giffnock North AAC
285	COWAN, Chloe	Giffnock North AAC
286	AMITIIS, Meagan	Giffnock North AAC
287	LINDSAY, Nicola	Giffnock North AAC
288	MCKENNEY, Abigail	Glasgow School of Sport
<b>UNDER 15 BOYS</b>		
3,000 metres Start time 1.00pm		
261	COULST, Jamie	Lasswade AC
262	LAWSON, Sam	Lasswade AC
263	BLACK, Andrew	Argyle Harriers
264	TOLAND, Daniel A	Strathclyde Harriers
265	MCNAMEE, Murray	Strathclyde Harriers
266	FLANAGAN, Ryan	Strathclyde Harriers
267	FERRICE, Ewan	Strathclyde Harriers
268	REAYER, Nick	West Lothian & District AC
269	LEACH, Owen	West Lothian AC
270	MAISTER, Daniel	West Lothian AC
271	MCCLOUD, Lawrence	West Lothian AC
272	MANNICUELL, Luke	West Lothian AC
273	WALLACE, Euan	West Lothian AC
274	GRAY, Ross	West Lothian AC
275	LEIR, Jonathan	West Lothian AC
276	HOUSTON, Joshua	West Lothian AC
277	DAWKS, Sam	West Lothian AC
278	RUSSELL, Cameron	West Lothian Harriers
279	DUFT, Adam	West Lothian Harriers
280	FRANC, Sam	West Lothian Harriers
281	GRYFE, Christopher	West & District AAC
282	FOIS, Luke	West & District AAC
283	KANG, Adam	Kirkintilloch Olympians
284	MC CALLIE, Jack	Kirkintilloch Olympians
285	FAIRFORD, Andrew	Kirkintilloch Olympians
286	ROSENBROK, David	Mon Hill Cambuslang Harriers
287	MACCREOCH, Jack	Mon Hill Cambuslang Harriers
288	SIMON, Joe	Mon Hill Cambuslang Harriers
289	MCHYTHE, Math	Mon Hill Cambuslang Harriers
290	CARBY, Brenden	Mon Hill Cambuslang Harriers
291	REILLY, Euan	Mon Hill Cambuslang Harriers
292	WOODS, Kyle	Mon Hill Cambuslang Harriers
293	WALKER, Ryan	Mon Hill Cambuslang Harriers
294	SIMMONS, Drew	VP-AC
295	FREIGHT-STAHL, Oscar	VP-AC
296	KIMBERGATE, Eric	VP-AC
297	MCKENNA, Ryan	VP-AC
298	PEANICCO, Jamie	VP-AC
299	REES, Loper	VP-AC
300	STEWART, Craig	Orddington Harriers
301	CROXFORD, Alistair	Orddington
302	AULD, Fraser	Orddington
303	WOKERHAL, Ewan	Orddington
304	TEROUT, Sam	Orddington
305	MULLEN, Sinead	Orddington
306	FRAYLING, Eland	Orddington
307	GILLHAM, Ewan	Orddington
308	WIGHTON, Charlie	Orddington
309	MCGARVEY, Gavin	Orddington
310	MURRAY, Tom	Orddington
311	KIRKAR, Luke	East Kilbride AAC
312	GALBRAITH, Adam	East Kilbride AAC
313	MCLELLAN, Connor	Dundee Harriers
314	MCGINTY, Alister	Dundee Harriers
315	ALLEN, Jack	Edinburgh AC
316	SCOTT, Robert	Edinburgh AC
317	GLASSCOCK, Cameron	Edinburgh AC
318	OTIARE, Dominic	Edinburgh AC
319	MCDERMID, Finlay	Edinburgh AC
320	WHITE, Fraser	Edinburgh AC
321	THOMPSON, Alister	Firhouse AAC
322	DAVY, Luke	Fife County AC
323	POUR, Jack	Central AC
324	MCALOON, Scott	Central AC
325	MACHARLACE, Gary	Central AC
326	DAVIES, Tim	Central AC
327	CAMERON, Alister	Central AC
328	FOTTERAL, Karen	Central AC
329	MCKENNEY, Stuart	Central AC
330	DAVISON, Sam	Central AC
331	NAJIBI, Casperon	Central AC

372	MULGRADD, Kaitlin	Central AC
373	FATERSON, Jessie	Central AC
374	ANGOLINI, Dominic	Central AC
375	MELSTICKY, Danielle	East Lothian Harriers
376	CAMPBELL, Andrew	East Lothian Harriers
377	MCGARRY, Ronan	Kilmarnock AAC
378	DOLLARD, Michael	Kilmarnock AAC
379	KERR, Angie	Kilmarnock AAC
380	MULGRADD, Terry	Kilmarnock AAC
381	ANTHOR, Luanne	Glasgow City & Harriers
382	FORBES, Rose	Glasgow City & Harriers
383	JOHNSTON, Calum	Glasgow City & Harriers
384	LAIRD, Craig	VP-Glasgow AC
385	URQUHART, Euan	VP-Glasgow AC
386	GLASS, Fraser	VP-Glasgow AC
387	BUCKAT, Scott	VP-Glasgow AC
388	MACCORMACK, Calum	VP-Glasgow AC
389	MCKEEOWN, Liam	VP-Glasgow AC
390	AUSTEN, Robbie	VP-Glasgow AC
391	HAMPER, Paul	VP-Glasgow AC
392	TURNER, Liam	VP-Glasgow AC
393	LANCASTER, Max	Giffnock North AAC
394	MCALPIN, Johnny	Giffnock North AAC
395	ANDERSON, Ewan	Giffnock North AAC
396	SHEDDE, Euan	Giffnock North AAC
397	GRAY, Rose	Giffnock North AAC
398	WESTLAND, Andrew	Giffnock North AAC
399	BLISLAND, Stuart	Giffnock North AAC
400	GRANT, Lewis	Giffnock North AAC
401	MCGOLGAN, Liam	Giffnock North AAC
402	MCDONALD, Jessie	Giffnock North AAC
403	STEELE, Calum	Giffnock North AAC
<b>UNDER 17 WOMEN</b>		
5,000 metres Start time 1.15pm		
404	SHEDDE, Amy	Lasswade AC
405	WATERS, Isla	West Lothian Harriers
406	BOGDAN, Victoria	West Lothian Harriers
407	PEARDY, Alison	West Lothian Harriers
408	PEPPER, Louise	West Lothian Harriers
409	EDDISON, Rebecca	Mon Hill Cambuslang Harriers
410	MILLAR, Sarah	Mon Hill Cambuslang Harriers
411	MURK, Rebecca	Monhill AC
412	PRITCH, Elish	Abberdene AAC
413	MURRAY, Louise	Sola Harriers
414	GREGOR, Kerry	Fife AC
415	GRISSON, Leah	Fife AC
416	PERINICIAK, Sophie	Fife AC
417	FAIRLEY, Rachel	East Kilbride AAC
418	FAIRLEY, Emma	East Kilbride AAC
419	ROBBISON, Madison	Edinburgh AC
420	REED, Ciara	Clydebank Harriers
421	DOUNIETT, Emma	Edinburgh AC
422	DOUNIETT, Domagh	Edinburgh AC
423	DOURIE, Rachel	Edinburgh AC
424	WATSON, Katie	Edinburgh AC
425	STEWART, Roseanne	Edinburgh AC
426	OTHAR, Ciara	Edinburgh AC
427	QUEENAN, Emily	Central AC
428	MCGARVEY, Amy	Central AC
429	O KARS, Erin	East Lothian Harriers
430	DICKSON, Paige	VP-Glasgow AC
431	SEATTIE, Danielle	VP-Glasgow AC
432	MILLIKEN, Marie	VP-Glasgow AC
433	MCCONVILLE, Paige	Giffnock North AAC
434	YOUNG, Kathryn	Giffnock North AAC
435	FLANAGAN, Kaitlin	Glasgow School of Sport
436	WALLACE, Sophie	Glasgow School of Sport
437	TAIROR, Isla	Glasgow School of Sport
438	COOM, Esmerin	Glasgow School of Sport
439	SM, Diane	Glasgow School of Sport

UNDER 17 MEN	5,000-metres Start time 1.35pm
501 DCAIRN, Callum	Lasswade AAC
502 FLAD, Finlay	Ayr Bassenthwaite AAC
503 HEBBIE, Euan	Ayr Bassenthwaite AAC
504 HEDDERSON, Callum	Grangemouth Harriers
505 MADHL, Gerry	Grangemouth Harriers
506 WILLIAMS, Greg	Waverley AAC
507 MCNAUL, Michael	Waverley AAC
508 TODD, Robert	Waverley AAC
509 MCIE, Jack	Waverley AAC
510 HUNTER, Callum	Waverley AAC
511 MARR, Steven	Gala Harriers
512 STANLEY, Alexia	Glasgow Harriers
513 LAWLER, Andrew	Loch & District AAC
514 BYRNE, Steven	Loch & District AAC
515 HIBBS, Callum	Kirkintilloch Olympians
516 PUIG, Karen	Kirkintilloch Olympians
517 ALEXANDER, Gavin	Kirkintilloch Olympians
518 BURRY, Euan	Fife AAC
519 ETHEL, Connor	Fife AAC
520 MILLAR, Bruce	Fife AAC
521 ELLIOTT, Liam	Fife AAC
522 THOMSON, Cameron	Fife AAC
523 WATKINS, Fraser	Giffnock
524 SWANSON, Cameron	Giffnock
525 MATTHEWS, Callum	Giffnock
526 MOUNTFORD, Russell	Giffnock
527 MASTROGIOS, Vassilis	East Kilbride AAC
528 EWING, Connor	Clydebank Harriers
529 DUNYON, Jamie	Dundee Hillside Harriers
530 THOMSON, Ryan	Fife Hill Cambusbush Harriers
531 HUX, Sean	Fife Hill Cambusbush Harriers
532 MCKEEHNA, Matthew	Fife Hill Cambusbush Harriers
533 McDOWELL, Iain	Fife Hill Cambusbush Harriers
534 STEPHIEK, Ross	Fife Hill Cambusbush Harriers
535 PORTER, Chris	Edinburgh AAC
536 KEECH, Jason	Edinburgh AAC
537 CAMPIONE, Michael	Edinburgh AAC
538 MILLER, Rossin	Edinburgh AAC
539 KUDUMAI, Benedict	Fifeheads AAC
540 POTHYKUL, Ben	Fifeheads AAC
541 MCALPINE, Scott	Fifeheads AAC
542 AMOS, Andrew	Glanbiae Harriers
543 KEEHL, Connor	Cardini AAC
544 HASSER, Sam	Cardini AAC
545 GEMMAK, Lewis	Cardini AAC
546 BAILEY, Mark	Greenock Garspark Harriers
547 SMITH, Gerard	Greenock Garspark Harriers
548 MITCHISON, Ross	VP-Glasgow AAC
549 BURKE, Lewis	VP-Glasgow AAC
550 MCLODIE, Liam	VP-Glasgow AAC
551 TSIKOURIS, Craig	VP-Glasgow AAC
552 HAFERTY, Kieran	VP-Glasgow AAC
553 MCCORMACK, Andrew	VP-Glasgow AAC
554 GOSHALKEY, Neil	Giffnock North AAC
555 CLARKE, Andrew	Giffnock North AAC
556 FRITH, Jack	Giffnock North AAC
557 LEPOUSE, Matthew	Giffnock North AAC
558 LOMERGHAZ, Patrick	Giffnock North AAC

